

GENERAL STUDIES AA: STUDIES IN SOCIAL SCIENCE, ADMINISTRATION, AND HEALTH AREA OF CONCENTRATION (SSAH CORE)

Total Credits: 60

Catalog Edition: 2025-2026

Program Description

The Social Sciences, Administration and Health (SSAH) Core allows students to develop an interdisciplinary course of study emphasizing the behavioral and social sciences, administration and/or health disciplines, including Criminal Justice and Hospitality Management. The SSAH Core is designed to encourage student to explore these disciplines while deepening their knowledge through a selected academic focus.

Program Outcomes

Upon completion of this program, a student will be able to:

- Demonstrate knowledge of historical and contemporary issues in the social and behavioral science academic disciplines.
- Apply quantitative and qualitative methods for understanding human behavior.
- Explain philosophical or cultural issues associated with different social and behavioral science disciplines.
- Analyze knowledge, theories, literature, and methods of a Social Sciences discipline.
- Communicate complex ideas using multiple modes of effective communication, including digital, written, oral and graphic communication.
- Utilize and apply multi-disciplinary methods of inquiry from the social and behavioral sciences in response to a problem, task, or experience.
- Reflect on and assess their own learning as it applies to themselves as scholars and engaged citizens rooted in the behavioral and social sciences.

Program Advisors

- Prof. Jana Anderson (Hospitality Management Focus), 240-567-5159, Jana.Anderson@montgomerycollege.edu
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For more information, please visit <https://www.montgomerycollege.edu/academics/programs/general-studies/social-sciences-administration-health-core/index.html>

To view the Advising Worksheet, please visit <https://www.montgomerycollege.edu/documents/counseling-and-advising/advising-worksheets/current-catalog/611c-ssah.pdf>

2025-2026

Program Advising Guide

An Academic Reference Tool for Students

GENERAL STUDIES AA: STUDIES IN SOCIAL SCIENCE, ADMINISTRATION, AND HEALTH AREA OF CONCENTRATION (SSAH CORE)

Suggested Course Sequence

A suggested course sequence for full-time students follows. All students should review this advising guide and consult an advisor.

First Semester

ENGL 101 - Introduction to College Writing 3 semester hours *

Mathematics Foundation 3 semester hours ‡

Behavioral and Social Sciences Distribution 3 semester hours (BSSD) **

Natural Science Distribution with or without Lab 3 semester hours (NSD)

General Education Institutional Requirement 3 semester hours (GEIR)

Third Semester

[Arts Distribution](#) 3 semester hours (ARTD)

SSAH Core Course 1 3 semester hours

SSAH Core Course 2 3 semester hours

[General Education Institutional Requirement](#) 3 semester hours (GEIR)

Elective 3 semester hours ‡‡

Second Semester

[English Foundation](#) 3 semester hours (ENGF) ‡

[Behavioral and Social Sciences Distribution](#) 3 semester hours (BSSD) **

[Humanities Distribution](#) 3 semester hours (HUMD)

[Natural Sciences Distribution with Lab](#) 4 semester hours (NSLD)

Elective 3 semester hours ‡‡

Fourth Semester

SSAH Core Course 3 3 semester hours

SSAH Core Course 4 3 semester hours

SSAH Core Course 5 3 semester hours

Elective 3 semester hours ‡‡

Elective 2 semester hours ‡‡

Total Credit Hours: 60

* ENGL 101/ENGL 011 if needed for ENGL 102/ENGL 103, or select an elective.

** Behavioral and social sciences distribution (BSSD) courses must come from different disciplines.

‡ Students should attempt ENGL and MATH foundation requirements within completion of the first 24 credits of college-level work or at the completion of any prerequisite or required non-credit coursework.

‡‡ Any credit hours beyond the minimum General Education credit hours (31) or core courses are counted toward elective credit hours.

NOTE: Exact semester credit counts may vary based on specific course selections.

This program can be completed either on campus or online.

Transfer Opportunities

Montgomery College has partnerships with multiple four-year institutions and the tools to help you transfer. To learn more, please visit <https://www.montgomerycollege.edu/transfer> or <http://artsys.usmd.edu>.

Get Involved at MC!

Employers and Transfer Institutions are looking for experience outside the classroom.

MC Student Clubs and Organizations: <https://www.montgomerycollege.edu/life-at-mc/student-life/>

Related Careers

General Studies degree provide opportunities for students to develop and hone their critical thinking, analytical, team-building and problem-solving skills. Students with General Studies degree will be able to successfully apply these skills in a wide range of careers.

Career Services

Montgomery College offers a range of services to students and alumni to support the career planning process. To learn more, please visit <https://www.montgomerycollege.edu/career>

Career Coach

A valuable online search tool that will give you the opportunity to explore hundreds of potential careers or job possibilities in Maryland and the Washington D.C. metropolitan area. Get started today on your road to a new future and give it a try. For more information, please visit <https://montgomerycollege.emsicc.com>

Notes: